

# Your Local Pharmacy

April



**6<sup>99</sup>**

**Vaseline®**  
Problem Skin Therapy,  
Unscented,  
220 mL



**3<sup>99</sup>**

**Advil®**  
200 mg,  
24 Caplets



**10<sup>99</sup>**

**Aerius®**  
Non-Drowsy,  
Desloratadine Tablets,  
5 mg,  
10 Tablets



**12<sup>99</sup>**

**Metamucil®**  
Fibre Therapy,  
3 in 1 MultiHealth,  
575 g

healthOne

Compare & Save!

**6<sup>99</sup>**

**Hydrocortisone Cream**  
30 g



**Acetaminophen**  
Extra Strength,  
500 mg,  
100 Caplets

**8<sup>99</sup>**



**Allergy Formula**  
Liquid Capsules,  
20 Capsules

**8<sup>99</sup>**



**Heartburn Relief**  
Fruit Flavour,  
100 Chewable Tablets

**10<sup>99</sup>**



Prices in effect until Friday, April 28, 2023 or while quantities last.

# Eye Care - Dry Eyes

## Artificial tears: How to select eyedrops for dry eyes

Artificial tears are eyedrops used to lubricate dry eyes and help maintain moisture on the outer surface of your eyes.

Such eyedrops may be used to treat dry eyes that result from aging, certain medications, a medical condition, eye surgery or environmental factors, such as smoky or windy conditions.

Artificial tears are available without a prescription. No single brand works best for every form of dry eyes. You may need to try several different brands before you find one that works best for you.



**8<sup>99</sup>**

**Visine®**  
Multi-Symptom  
or Dry Eye,  
15 mL



**12<sup>99</sup>**

**hydra-  
Sense®**  
For Dry Eyes,  
Advanced for  
Dry Eyes, or  
Night Therapy  
Gel Drop,  
10 mL



**9<sup>99</sup>**

**Systane™**  
Lid Wipes,  
Eyelid  
Cleansing  
Wipes,  
32

Besides lubricating your eyes, some artificial tears also promote healing of the eyes and others work to decrease tear evaporation. Artificial tears may also contain thickening agents, which keep the solution on the surface of your eyes longer.

There are two categories of artificial tears:

- Eyedrops with preservatives. This type often comes in multidose bottles and contains chemicals (preservatives) that discourage growth of bacteria once the bottle has been opened. The preservatives may irritate your eyes, especially if you have moderate or severe dry eyes.
- Preservative-free eyedrops. This type has fewer additives and is generally recommended if you apply artificial tears more than four times a day, or if you have moderate or severe dry eyes. Preservative-free eyedrops may come in single-dose vials.

**17<sup>99</sup>**

**Polysporin®**  
Antibiotic Eye Drops or  
Ear Drops,  
15 mL



**Speak to your medical professional or pharmacist for more information.**

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# Ask Your Pharmacist

Did you know your local pharmacy provides a host of services for you and your family?

Next time you're in our pharmacy, please feel free to speak to one of our pharmacists to find out more.

- Computerized patient files
- Compliance packaging
- Med checks
- Clinic days
- Compounding
- Prescription transfer from other pharmacies



**3<sup>99</sup>**

**Murine® or Clear Eyes®**  
Redness or Allergy,  
15 mL



**6<sup>99</sup>**

**Jamieson™**  
Vitamin A,  
Supports Night Vision, Eyesight & Skin Health,



**8<sup>99</sup>**

**Tears Naturale®**  
Lubricant Eye Drops,  
15 mL

**Benadryl®**  
Allergies,  
25 mg,  
12 Caplets

**5<sup>99</sup>**



**9<sup>99</sup>**

**CompoundW®**  
Extra Strength,  
Fast Acting,  
Liquid,  
10 mL or  
Maximum Force,  
Gel,  
7 g



**12<sup>99</sup>**

**Jamieson™**  
Vitamin C,  
1,000 mg,  
100 Caplets



**11<sup>99</sup>**

**Mansfield**  
Thermometer,  
Mercury Free,  
1 Unit



**17<sup>99</sup>**

**Webber Naturals®**  
Lutein,  
20 mg,  
Bonus 30+15  
Softgels



**7<sup>99</sup>**

**Tiger Balm®**  
Ultra Strength,  
Pain Relieving  
Ointment,  
18 g

**healthOne®**  
**9<sup>99</sup>**  
**Stool Softener**  
100 Capsules



**6<sup>99</sup>**

**Melatonin**  
3 mg,  
60 Sublingual  
Tablets



**2<sup>49</sup>**  
**Cosmetic Pads**  
100 Pads



**2<sup>99</sup>**  
**Antiseptic Hand Sanitizer**  
59mL



# Transferring Your Prescriptions is Easy. Ask Us How Today!



**5<sup>99</sup>**

**Orajel™**  
Maximum,  
Gel,  
9.5 g or  
Liquid,  
13 mL



**17<sup>99</sup>**

**Jamieson™**  
Lutein,  
Ultra Strength,  
40 mg,  
60 Softgels



**14<sup>99</sup>**

**NeilMed®**  
Sinus Rinse Kit,  
50 Premixed  
Packets or  
100 Premixed  
Packets



**18<sup>99</sup>**

**Tena®**  
Underwear,  
Overnight,  
Medium, 12  
Large, 11 or  
Extra Large, 10



**18<sup>99</sup>**

**Nizoral®**  
Anti-Dandruff  
Shampoo,  
120 mL



**Gravol™**  
50 mg,  
8 Liquid Gel  
Capsules

**3<sup>99</sup>**



**5<sup>99</sup>**

**Band-Aid®**  
Flexible Fabric,  
Knuckle and  
Fingertip,  
20 Assorted  
Sizes



**Colgate®**  
PreviDent\*  
5000 Plus,  
Spearmint or Fruitastic,  
39 mL

**13<sup>99</sup>**



**10<sup>99</sup>**

**Jamieson™**  
Calcium + D3,  
500 mg,  
1,000 IU,  
90 Caplets

## Oral Care

The American Dental Association recommends brushing your teeth twice a day with fluoride toothpaste for two minutes each time.

When you brush your teeth, you help remove food and plaque — a sticky white film that forms on your teeth and contains bacteria. After you eat a meal or snack that contains sugar, the bacteria in plaque produce acids that attack tooth enamel.



**biotène®**  
Oralbalance,  
Moisturizing Gel,  
34 mL

**13<sup>99</sup>**

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