

Your Local Pharmacy

December



4⁹⁹

Asprin®
Quick Chews,
Daily Low Dose,
81 mg,
30 Tablets



6⁹⁹

Jamieson™
Vitamin D3,
2500 IU,
180 Tablets



12⁹⁹

NeilMed®
NasaFlo Neti Pot®,
50 Premixed Packets



5⁹⁹

Pepto Bismol
Liquicaps™,
Rapid Relief,
12 LiquiCaps

healthOne™

Compare & Save!

8⁹⁹ **Cold & Flu**
Day and Night,
12 Day Capsules,
12 Night Capsules

6⁹⁹ **Cold Medication**
Extra Strength,
Day and Night,
12 Non-Drowsy Day
Caplets,
12 Night Caplets

10⁹⁹ **Naproxen**
Sodium,
220 mg,
125 Caplets

9⁹⁹ **Fibre Laxative**
Oral Suspension,
Smooth Texture
425 g



Prices in effect until Friday, December 30, 2022 or while quantities last.

Vaccines and Immunizations

Childhood vaccines offer protection from serious or potentially fatal diseases. Here's what you need to know to make sure your child's vaccinations are up to date.

What vaccinations does my child need?

The vaccine schedule is designed to ensure that children receive vaccines at the optimal time to protect them from infectious diseases. The schedule is updated every year, and changes range from the addition of a new vaccine to tweaks of current recommendations. To determine exactly which vaccines your child needs now and which vaccines are coming up, check the Centers for Disease Control and Prevention's recommendations.



How can I keep track of my child's vaccinations?

You can request an immunization tracking card from your child's doctor or your state health department. Bring the card with you to all of your child's doctor visits. Ask your child's doctor or nurse to record the vaccine given, date and dosage on the card. You might also note on the card which doctor's office provided the vaccine, in case you need official records later on.



What if my child misses a vaccine?

If your child misses a dose of a vaccine, ask your child's doctor about scheduling a catch-up vaccination as soon as possible.

How can I find out if my child meets school vaccination requirements?

Immunization requirements — as well as allowable exemptions — can vary by province, and might be regularly updated or changed. If you're not sure of your provinces requirements, check with your child's school or child care facility, your child's doctor, or your provinces health department.

Speak to your medical professional or pharmacist for more information.

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Prices in effect until Friday, December 20, 2022 or while quantities last.

Ask Your Pharmacist

Did you know your local pharmacy provides a host of services for you and your family?

Next time you're in our pharmacy, please feel free to speak to one of our pharmacists to find out more.

- Computerized patient files
- Compliance packaging
- Med checks
- Clinic days
- Compounding
- Prescription transfer from other pharmacies



9⁹⁹

Jamieson™

Zinc, 50 mg,
100 Tablets or
B12,
1,200 mcg,
60+20 Tablets



11⁹⁹

Jamieson™

Vitamin C,
1000 mg,
100 Caplets



17⁹⁹

Nature's Bounty®

Biotin,
Ultra Strength,
10,000 mcg,
120 Softgels



11⁹⁹

Holista®
Tea Tree Oil,
100% Pure,
50 mL



17⁹⁹

Centrum®

Selected
Varieties



9⁹⁹

Earol®

Olive Oil,
Ear Wax
Removal
Spray,
1 Kit



8⁹⁹

Polysporin®

Infection
Protection,
Original,
Cream or
Infection
Protection +
Vitamin E,
Ointment,
15g

7⁹⁹

Baby Orajel™

Natural Source,
Teeth Pain Relief Gel,
9.5 g



12⁹⁹

First Response

Early Result
Pregnancy Test,
1 Test

4⁹⁹

healthOne
Vitamin
D3 Softgel
1000 IU,
100 Capsules



6⁹⁹

Melatonin
Dual Action
Time Release,
10 mg,
60 Tablets



12⁹⁹

Rapid Digital Thermometer
10 Seconds,
Flexible Tip

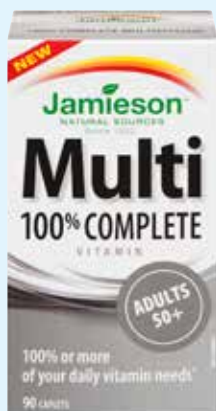


11⁹⁹

Diarrhea Relief
USP 2 mg,
30 Caplets



Transferring Your Prescriptions is Easy. Ask Us How Today!



12⁹⁹

Jamieson™
Multi 100%
Complete
Vitamin,
Adults 50+,
90 Caplets



4⁹⁹

Sleep • eze®
Extra Strength,
50 mg,
10 Coated
Caplets



17⁹⁹

Poise
Overnight Pads,
Ultimate
Absorbency,
27 or 33 Pads



3⁴⁹

Ricola
Selected
Varieties



11⁹⁹

NeoCitran
Selected
Varieties



9⁹⁹

**Com-
poundW®**
Extra Strength,
Fast Acting
Liquid,
10 mL



1⁶⁹

Lypsyl®
Lip Balm,
Selected
Varieties



9⁹⁹

Protec®
Humidifier
Cleaning Fish



12⁹⁹

Vicks®
Steam Inhaler,
Soothing
Menthol
Vapours,
5 VapoPads

Humidifiers: Ease Skin and Breathing Symptoms

Dry sinuses, bloody noses and cracked lips — humidifiers can help soothe these familiar problems caused by dry indoor air. And cool-mist humidifiers also may help ease symptoms of a cold or other respiratory condition.

Humidifiers are devices that release water vapour or steam to increase moisture levels in the air (humidity). Increased humidity may ease breathing in children and adults who have asthma or allergies, especially during a respiratory infection such as a cold. But mist from a dirty humidifier or increased growth of allergens caused by high humidity can trigger or worsen asthma and allergy symptoms.



49⁹⁹

Vicks®
Mini FilterFree,
Cool Mist
Humidifier,
1.9 Litres