# Your Local **Pharmacy**

### August





**Tylenol**® Extra Strength, 24 eZtabs, 500 mg





**Aerius**® Non-Drowsy, 24 Hour, Allergy, 20 Tablets





**Solarcaine**® First-Aid, Lidocaine Spray, 0.5%, 115 g





Jamieson™ Vitamin D, 1,000 IU, 200 + 40 Tablets

## healthone

**N99** 

24 1.

24 Hour Allergy Remedy 10 mg, 24 Tablets



769 **Extra Strength** Ibuprofen 400 mg, 24 Liquid Gel Capsules



Pregnancy Test

Rapid Detection, One-Step, 1 Test

health One Rapid detection Pregnancy Test Case Series. Facet & Known Minute

719

**Compare & Save!** 

2 Pair with

Case



Prices in effect until Friday, August 25, 2023 or while quantities last.

## **Osteoporosis**

### What is Osteoporosis?

Osteoporosis is a condition that affects the bones. Its name comes from Latin for "porous bones." The inside of a healthy bone has small spaces, like a honeycomb.

Osteoporosis increases the size of these spaces, causing the bone to lose strength and density. In addition, the outside of the bone grows weaker and thinner. Osteoporosis can occur in people of any age, but it's more common in older adults, especially women.

People with osteoporosis are at a high risk of fractures, or bone breaks, while doing routine activities such as

standing or walking. The most commonly affected bones are the ribs, hips, and the bones in the wrists and spine.

#### **Osteoporosis Symptoms**

The early stages of osteoporosis don't cause any symptoms or warning signs. In most cases, people with osteoporosis don't know they have the condition until they have a fracture.

If symptoms do appear, some of the earlier ones may include:

- receding gums
- weakened grip strength
- weak and brittle nails

If you don't have symptoms but have a family history of osteoporosis, talking to your doctor can help you assess your risk.



#### Speak to your medical professional or pharmacist for more information.

The material in this flyer was sourced from: www.healthline.com; clevelandclinic.org. It is intended for information purposes only and should not be used in place of consultation with a healthcare professional. Participating retailers/pharmacies, vendors, and/or agencies are not responsible for errors, omissions, or inconsistencies with respect to the information contained in this flyer and do not accept liability whatsoever for reliance by the reader on the information contained herein. **Prices in effect until Friday, August 25, 2023 or while quantities last.** 



## **Ask Your Pharmacist**

Did you know your local pharmacy provides a host of services for you and your family?

Next time you're in our pharmacy, please feel free to speak to one of our pharmacists to find out more.

- Computerized patient files
  Clinic days
- Compliance packaging
- Med checks
- Compounding
- Prescription transfer from other pharmacies



## **Transferring Your Prescriptions is Easy.** Ask Us How Today!



Prices in effect until Friday, August 25, 2023 or while quantities last. Flyer features and products available while supplies last. Where "assorted" and "selected" varieties are indicated, not all product may be available. We reserve the right to limit quantities due to space limitations or manufacturer supply issues. Not all items may be available as advertised. All prices are subject to applicable sales taxes. Any coupon offers will be subject to our coupon policy. Participating pharmacies are independently owned and operated. health One™ is a registered trademark of Kohl & Frisch Limited.